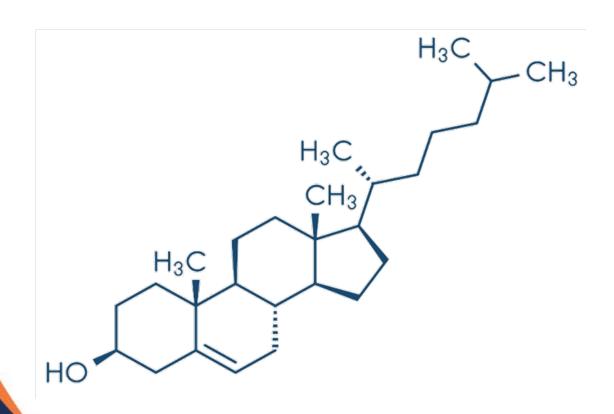
# Role of Rosuvastatin in management of dyslipidemia

## Cholesterol



- ✓ Waxy
- ✓ Fat like substance
- √ Found in every cell

#### Roles of Cholesterol

 Forms and maintains cell membrane structure • To produce bile

 To produce vitamin D

- For making hormones like :
  - I. Cortisol,
  - II. Testosterone,
  - III. Progesterone and
  - IV. Estrogen.

For nerve cells insulation

#### Normal Lipid profile according to European guideline

| Cholesterol Name  | Level       |
|-------------------|-------------|
| Total Cholesterol | ≤ 180 mg/dl |
| LPL Cholesterol   | ≤ 115 mg/dl |
| HDL Cholesterol   | ≥ 40 mg/dl  |
| Triglyceride      | ≤ 180 mg/dl |

Major consequence of High Blood lipid is-

### Atherosclerosis

#### Treatment option for Hyperlipidemia

- Statins
- Niacin
- Fibrates
- Bile acid sequestrants
- Cholesterol absorption inhibitor
- Omega-3 Fatty acid

#### Treatment options for Hyperlipidemia

Niacin

- Fibrates
- √ Gemfibrozil
- √ Fenofibrate

- Bile acid sequestrants
- √ Colesevelam
- ✓ Colestipol

- Cholesterol absorption inhibitor
- ✓ Ezetimibe

- Omega-3 Fatty acid
- ✓ Docosahexaenoic acid (DHA)
- ✓ Eicosapentaenoic acid (EPA)

#### Why statin is best than other anti-lipidemic drug?

- 1. Highly effective in reducing
  - LDL-Cholesterol
  - Total Cholesterol
- 2. Increases HDL-Cholesterol
- 3. Long term safety established.

#### **Available statins:**

- Atorvastatin
- Rosuvastatin
- Pravastatin
- Fluvastatin
- Simvastatin

- Pitavastatin
- Lovastatin

#### Why Rosuvastatin is best than other statins?

Rosuvastatin possesses stable polar methane sulphonamide

- & fluorinated phenyl group which provides –
- Lower lipophilicity &
- Enhanced ionic interaction with HMG-CoA reductase enzyme.

#### Due to Lower Lipophilocity,

Rosuvastatin shows high selectivity towards hepatocytes & less adverse effects than other statins

## Due to Enhanced ionic interaction with HMG-CoA reductase enzyme.

Rosuvastatin shows high binding affinity for HMG-CoA reductase.



### **THANK YOU**

